

Wombwell High School - Encounters

4 Week Menu Plan

Week 1

Monday

Sausage
Chips
Gravy

Quorn Burger
Chips

Baked Beans

Chocolate Sponge
with Chocolate Sauce

Tuesday

Roast Loin of Pork
with Stuffing
Creamed Potatoes

Pasta Bake
&
Garlic Bread

Carrots
Caoliflower
Gravy

Fruit Crumble &
Custard

Wednesday

Traditional

Mediterranean
Lasagne
Garlic Bread

Vegetarian

Vegetarian Korma &
Rice
With Naan Bread

Accompaniments:

New Potatoes
Mixed Vegetables

Desserts:

Baked Jam Sponge
and Custard

Thursday

Beef
Casserole with
Yorkshire Pudding
Creamed Potatoes

Veggie Sausage

Cabbage
Swede
Gravy

Rice Pudding and
Fruit Coctail

Friday

Chip Shop Special

Vegetable Quiche

Mushy Peas

Syrup Sponge and
Custard



Week 2

Monday

Loaded Meat Pizza
Chips

Lasagne

Peas
Sweetcorn

Marble Sponge and
Custard

Tuesday

Beef Pie
Creamed Potatoes

Quorn Sweet & Sour
&
Rice

Carrots
Cauliflower

Eves Sponge and
Custard

Wednesday

Traditional

Chicken Tandoori
Bites
Naan Bread
Served with Curry
Sauce

Vegetarian

Vegetable Meatballs
In Chilli Con Carne
Sauce
Served With Rice

Accompaniments

Mixed Vegetables

Desserts

Rice Pudding

Thursday

Roast Chicken Fillet
&
Stuffing
Creamed Potatoes

Veggie Quiche
New Potatoes

Swede
Broccoli
Gravy

Jam Shortcake
And Custard

Friday

Chip Shop Special

County Bake

Mushy Peas

Fruit Crumble &
Custard



Week 3

Monday

Gammon Slice
Or
Fish Fingers
Chips

Veggie Pizza

Peas
Sweetcorn

Orange Sponge and
Chocolate Sauce

Tuesday

Shepherds Pie

Quorn Pie

Creamed Potatoes
Cabbage
Carrots
Gravy

Lemon Shortcake
&
Custard

Wednesday

Traditional

Chicken Curry
&
Rice with Naan &
Bhajis

Vegetarian

Spaghetti Bolognese
&
Penne Pasta
Garlic Bread

Accompaniments

Mixed Vegetables

Desserts

Rice Pudding

Thursday

Roast Pork Chop
&
Stuffing

Quorn Burger

Creamed Potatoes
Broccoli
Swede
Gravy

Syrup & Ginger
Sponge

Friday

Chip Shop Special

Quiche

Mushy Peas

Cooks
Choice



Week 4

Monday

Sausage
Chips

Pasta bake

Peas
Sweetcorn
Gravy

Iced Sponge &
Custard

Tuesday

Roast Chicken Fillet
&
Yorkshire Pudding

Veggie Sausage

Broccoli
Carrots
Creamed Potatoes
Gravy

Lemon Sponge and
Custard

Wednesday

Traditional

Meat & Potato Pie

Vegetarian

Quorn Sweet & Sour
& Rice
With Garlic Bread

Accompaniments:

Mixed Vegetables
Gravy

Desserts:

Rice Pudding

Thursday

Roast Gammon
&
Pineapple

Quorn Fillet

Cauliflower Cheese
Garden Peas
New Potatoes

Chocolate Bakewell
&
Custard

Friday

Chip Shop Special

Country Bake

Mushy Peas

Fruit Crumble and
Custard



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The following choices are also served daily

Breakfast

Juices
Toast
Crumpets
Current Teacake
Milk

Jacket Potatoes

Assorted Hot & Cold Fillings

Spice Connections

Pasta & Sauce

Deli Selection

Assorted Cold Sandwiches
Baguettes / Hoagies
Boxed Salads

Drinks

Assorted Cold Drinks

Hot Snacks

Assorted Panini
Pizza Slice
Bacon Bap
Chicken Fillet Burger
Soup and Baguette

Desserts

Selection of Home Bake
Cheesecake
Angel Whirl
Cheese and Biscuits
Fresh Fruit Boxes
Iced Sponge Square

